
HypoThyrodism

Posted by rawof4 - 2008/08/02 23:56

I have been diagnosed with Systemic Lupus over 11 years ago. Since going raw I have quite all 19 medications. But I also have no thyroid. Or I should say a non-working one. What if any specific foods should I be eating or juicing to heal this. Please help.

Namaste~Monica

Re:HypoThyrodism

Posted by Gypsy_Queen - 2008/08/07 10:03

You would do well to see a qualified naturopath regarding this. I know that iodine is important for thyroid function, and you can get this naturally from kelp/seaweed products.

Gypsy Queen

Re:HypoThyrodism

Posted by rawof4 - 2008/08/11 04:47

Gypsy Queen I could hug you:kiss: Thank you for your response! I will search out a naturopath and I will begin adding kelp and seaweed to my smoothies. Do you have any suggestions for the nuts? I posted it earlier and maybe I have confused some with this question. But thank you so much!

Rawof4

Re:HypoThyrodism

Posted by thalz - 2011/09/19 12:25

In the online game, buying Runescape Gold is important and different. Some players have not the game gold. So they have to buy Runescape Gold on the net. They can do the task to develop the level. What's more, getting RS Gold is best, they do not spend you much money.
