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## Bananas

Posted by IdahoPotato - 2008/12/07 06:38

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Anybody have problems with bananas giving them gas and causing blood sugar swings? I seem to need to stay away from them because they totally send me to cooked food. Anybody else have this reaction?:P

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## Re:Bananas

Posted by wcncc123 - 2009/09/28 09:46

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The British have always been a nation of sport lovers and interest in all types of sports. Many sports which nowadays are played all over the world are from Britain. Football is perhaps the best example, but among the others are horse-racing, golf, lawn tennis and rowing.

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Many people, both foreigners and British, consider cricket to be the most typically English of sports. It is true that cricket, unlike football, has until recently remained a specifically British game, played only in Britain, in some parts of the British Commonwealth and in Denmark.

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But it would be wrong to say that cricket is the most popular British Sport: that is, undoubtedly, football. Nevertheless, it remains true that for most English the sight of white-flannelled cricketers in the smooth green turf of a cricket pitch represents something that is traditionally English.

Cricket and football, however, are merely the two most popular sports in Britain: there are many others. wow gold In the summer, lawn tennis probably comes next in importance to cricket. There are clubs in every town and in all the parks. There are public courts where tennis may be played for an hour on payment of about one pound. Swimming is very popular and there are many public swimming baths.

cd keys Rowing and canoeing are practiced less because there are not so many facilities. The annual Boat Race between Oxford and Cambridge universities on the rive Thames is, however, one of the most popular sporting events of the year. Golf is becoming increasingly popular and many clubs have to turn prospective members away.

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The most popular winter sport is football. Skiing is impossible in Britain. In order to take part in them more and more people spend winter holidays on the Continent.

One reason for the great interest in sport in Britain is the Englishman's fondness for a little bet. Gambling has always been an integral part of such sports as horse-racing and dog-racing and in recent times, doing the 'football polls' has become a national pastime. But whether as gambler, spectator or player, most Englishmen have some interest in at least some sports.

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