

I LOVE
Every Part of
My Body

I LOVE
my
Food Choices

My Healing is Unfolding at
Exactly the Right Pace
for Me...

I Feel Healthy,
Vibrant
and Enthusiastic

Be The Change



I am Loveable,
Loving
and Loved

Live, Love, Let Go



One Day at a Time...

Grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And the wisdom to know the
difference.

I Say YES, to Manifest

Vulnerability
is
My Greatest Defence

It's Only a Thought and a
Thought Can be Changed...
It's All OK, if I Say It Is

The Paths
are Many,
the Truth is One.

Thank You, I Love You,
Please Forgive Me,
I Am Sorry

I have
An Attitude
of Gratitude

Progress, not Perfection



I Am So Blessed

What Would LOVE Do Now?



Simplify,
Simplify,
Simplify...

The Only Constant
is
Change

I am
an
Active Transformer

I am Open
to Synchronicity, Flow, Joy
and Abundance

I choose beautifully

Joy is
my choice,
right now